



~TriLyte Medication Instructions~ Virtual Colonoscopy

One (1) Day Prior to Your Exam

- In the morning when you wake up, mix the TriLyte with water and with a flavor packet, and proceed to refrigerate.
- At 12:00 p.m. (Noon), take one (1) Bisacodyl tablet (stool softener) with the third and final bottle of Tagitol V.
- At 3:00 p.m., begin drinking the mixed TriLyte medication about eight (8) ounces every 20-30 minutes, or until it's empty (if you experience severe discomfort or distention/bloating, stop drinking the TriLyte until the discomfort subsides. Then continue drinking until empty).
- Please note: diarrhea is normal and may last a few hours after completely drinking the TriLyte medication.
- ** - Please continue to follow your bowel prep instructions for your scheduled Virtual Colonoscopy on the attached form.

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