

Uterine fibroids:

What are they and can I treat them without hysterectomy?



What are **UTERINE FIBROIDS?**

Fibroids are benign (non-cancerous) tumors that grow on or within the lining of the uterus. They can range in size from as small as a grape to as large as a cantaloupe, and can result in a number of painful and embarrassing symptoms that can negatively impact your quality of life.

Fibroid Symptoms

You may have uterine fibroids if you are experiencing:

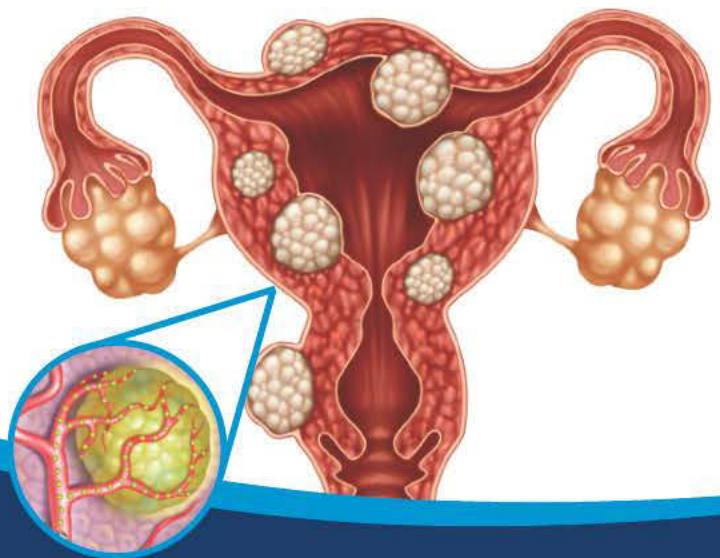
- Heavier or longer menstrual bleeding, sometimes with blood clots
- Spotting or bleeding between periods
- Mild to severe cramping and pain

UTERINE FIBROID EMBOLIZATION:

A viable alternative to surgery

This safe and FDA-approved procedure, performed in less than an hour by an interventional radiologist, requires no anesthesia and offers a much faster recovery.

Women who undergo UFE have demonstrated a high level of satisfaction and a significant improvement to their quality of life over the long term.^{1,2} In a recent study of four randomized clinical trials comparing UFE to surgical interventions, UFE was associated with less blood loss, a shorter hospital stay and a faster return to work.³



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1. Smith WJ, Upton E, Shuster EJ, Klein AJ, Schwartz ML. Patient satisfaction and disease specific quality of life after uterine artery embolization. *Am J Obstet Gynecol.* 2004;19(6):1697-1703.
2. Scheuring-Muenkler C, Koesters C, Powerski MJ, Grieser C, Froeling V, Kroencke TJ. Clinical long-term outcome after uterine artery embolization: sustained symptom control and improvement of quality of life. *J Vasc Interv Radiol.* 2013;24(6):765-771
3. Laughlin SK, Schroeder JC, Baird DD. New directions in the epidemiology of uterine fibroids. *Semin Reprod Med.* 2010;28(3):204-217

Want more information?

JUST ASK!