



RADIOLOGY ASSOCIATES of HARTFORD, P.C.

Avon • 35 Nod Road  
Enfield • 9 Cranbrook Blvd  
Glastonbury • 31 Sycamore Street

## *Virtual Colonoscopy Bowel Preparation Patient Instructions*

**Phone: (860) 969-6400**

**Fax: (860) 714-8808**

You are scheduled to have a Virtual Colonoscopy study at Radiology Associates of Hartford, PC (RAH). This test requires a special preparation of your large bowel to eliminate residual fecal material. Optimal bowel preparation is necessary for an accurate study. This exam takes about 30 minutes to complete.

### **Three (3) Days Prior to Your Exam**

- Please fill your TriLyte prescription (Rx) at your local pharmacy. This can be ordered by your physician.
- Obtain one (1) package of Tagitol V from your physician or from Radiology Associates of Hartford, PC.
- Obtain one (1) bottle of CT Scan Redicat from your physician or from Radiology Associates of Hartford, PC.

### **Two (2) Days Prior to Your Exam**

- Continue to take all regularly prescribed medications. You may have a regular breakfast, lunch and dinner. However, please do not consume any fruits, vegetables or salads.
- After dinner, please take the first bottle of Tagitol V.

### **One (1) Day Prior to Your Exam - **\*\* (Please also see TriLyte Instructions) \*\*****

- For breakfast, you may eat eggs, toast or cereal before 9:00 a.m. only.
- Please take the second bottle of Tagitol V with breakfast.
- For the remainder of the day, including lunch and dinner, please only drink clear liquids (Cola, Sprite, Ginger Ale, Gatorade, Crystal Light, Kool-Aid, Tea or Black Coffee). Fat free and low sodium clear liquid drinks are preferred.
- At 12:00 p.m. (Noon), please take the third and final bottle of Tagitol V.
- Before going to bed, please drink half of the CT Scan Redicat.
- You may continue to drink clear liquids up until bedtime. After 12:00 a.m. (Midnight), you may drink water up to five (5) hours before your scheduled exam time. Take your regularly prescribed medications with only a sip of water.
- **\*\*Diabetic Patients\*\*** - Take half of your diabetic medication only the day before your scheduled exam. Please do not take your diabetic medication on the morning of your exam. You may resume taking your medication immediately following the exam.

### **Day of Procedure**

*Instructions for the day of the procedure appear on the back side of this sheet.*



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### **Day of Procedure**

- If, upon waking up, your bowel movements are clear, with yellow and/or green material and no brown stool, please come to your scheduled exam.
- Please do not have anything to eat prior to the exam.
- Drink the remainder of the CT Scan Redicat before you leave for your exam.
- After the exam, you may eat regularly and continue taking your regularly prescribed medications.

### **However...**

- If, upon waking up, your bowel movements contain brown stool, you will need to call Radiology Associates of Hartford, PC to re-schedule your appointment to the following day.
- After re-scheduling your appointment, please obtain another prescription (Rx) of TriLyte from your physician, and have it filled at your local pharmacy.
- Please also obtain another package of Tagitol V and a bottle of CT Scan Redicat from your physician or from Radiology Associates of Hartford, PC.
- Please repeat instructions as noted above for ***“One (1) Day Prior to Your Exam.”***
- Please note: You will have one (1) bottle of Tagitol V leftover.

*Please visit our website for additional information regarding any procedure [www.rahxray.com](http://www.rahxray.com)*