

Why it's important for a woman to know her calcium score.

**\$99
Heart Scan**



Susan Lucci, the longtime All My Children star.

The coronary calcium score (also known as a heart scan) is an important test that every woman over 45 years of age should consider... especially since a woman is at a much higher risk for heart disease than any form of cancer.

Take Susan for example. She was trim, fit and active, and ate foods that were good for her heart. She had regular checkups, her blood pressure was normal and the EKG from her most recent physical indicated that her heart was fine.

But a little more than a year ago, Susan experienced a severe tightening in her chest and shortness of breath. Deciding not to take any chances, she went to the emergency room at her local hospital. While there, the doctors ordered a CT scan of her heart that revealed a 90% blockage in her main coronary artery and a 70% blockage in another. She was immediately treated with two stents to keep the arteries open and the blood flowing to her heart.

You probably know of Susan... she is Susan Lucci, the longtime *All My Children* star. Her 40-year run on the soap opera made her a household name. Lucci's father had a heart attack in his 40s, and despite her best efforts at living a healthy lifestyle, her family history caught up with her. If Susan knew her calcium score, she likely could have avoided her heart attack.

Today, many doctors and advocacy groups like the American Heart Association recommend the coronary calcium score to help women know their true risk for heart disease. And the good news is, you can get one for just \$99 in honor of Go Red For Women Day!

Goredforwomen is an annual event of the American Heart Association to make women aware of their risk for heart disease.

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