

Radiology Associates of Hartford, in partnership with Spirited Health, presents

Spirit of Health

A WHOLE-ISTIC WELLNESS FAIR



Saturday, July 20, 2024

8:30 a.m. – 2:00 p.m.

RAH Enfield Imaging Center

9 Cranbrook Boulevard Suite 102
Enfield, Connecticut 06082



Appointments available for:

- Screening Mammograms
- Coronary Calcium Score Testing

For Screening Mammo and Coronary Calcium Score appointments, call: **860-969-6400** or use **BookMyMammo.com** to schedule your Mammogram online!

Insurance or self-pay rates apply.



Plus, sign up for:

- Blood Pressure Screenings*
- Stress Management Class*
- Gentle Yoga*
- And more!

*Free to attend

Registration is Required!
SIGN-UP USING THE QR CODE



Spirited Health, Robin Zenczak, BSN, RN, RYT-200, HLC-MBP

Robin Zenczak, Spirited Health owner and operator, is a nurse with 20+ years' experience. Robin specializes in stress management and Mind- Body techniques; she is a certificated Holistic Life Coaching and Mind-body Practitioner, as well as a Transpersonal coach and Yoga teacher. Her mission is to incorporate Yoga and other alternative methods into the mainstream of healthcare to provide a multifaceted model of care that is caring, supportive, empowering and nurturing to you as a whole person.

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